

For a professional counselor, the choice to offer treatment services through a “therapy app,” also referred to as a “third-party platform,” should include ethical decision-making, understanding the legal requirements and adhering to clinical best practices. Ethics are central to every decision made and action taken by a counselor.

Ethics

How do I lead through the 2014 ACA Code of Ethics in the digital age?
What are the ethical considerations?

Being a professional counselor comes with many responsibilities and duties, including the overarching and foundational requirement to act in accordance with the profession's codes of ethics. We recommend reviewing the following resources first in order to weigh one's options through a lens of professional counselor ethics:

- [2014 ACA Code of Ethics](#)
- The ACA offers a clearly defined process through an ethical decision-making model, which is outlined in [Practice's Guide to Ethical Decision Making](#) as well as an [infographic](#).

Primary Responsibility

How do I ensure digital practices are ethically aligned with the profession's ethics, especially considering the digital age's impact on the field?

Liability and Legal Considerations

How do I understand the ethical, liability, and legal considerations?

Compliance with State and Federal Regulations/HIPAA

How do I ensure digital practices are in line with federal and state laws and regulations?
How do I ensure digital practices are in line with HIPAA?

Compliance with Client Records

This and additional resources can be found [here](#).

Date of